

# 2017 BIRNHING JUSTICE FORUM & Maternal Child Health Champion Awards Ceremony

Wednesday, September 27, 2017, California Endowment Center 8:30 am to 6:00 pm

2017 Birthing Justice Forum

# WELCOME AND INTRODUCTION

**Cordelia Hanna-Cheruiyot, MPH, CHES, ICCE, CLE, CBA** Founder & Executive Director, The Association for Wholistic Maternal and Newborn Health

### WHO WE ARE

- We are public health professionals, nurses, doulas, health educators, psychologists, midwives, business professionals
- 501 c 3 non-profit public charity Founded 1993
- Located in Highland Park, Los Angeles

#### **Our Mission**

• To increase access, awareness and availability of MotherBaby-Friendly Maternity Care. We are also committed to social justice in birth.

#### Our Work

- The Association of Wholistic Maternal and Newborn Health focuses on the intersection of public health and midwifery to address healthcare disparities and to engender a more equitable maternity care system for all women and infants. Our focus areas are:
  - Education for Birth Preparation and Cultural Change.
  - Advocacy for Maternal-Infant Health Care Policy Reform.
  - Expanding Access to MotherBaby-Friendly Maternity Care.
  - Working for Social Justice in Maternal and Infant Health Care.



http://motherbabysupport.net

## WHAT WE DO

- Support and Education for Pregnancy & Early Parenthood.
- Services for Pregnant Women & New Mothers Include:
  - Childbirth Preparation Classes
  - Doula Labor Support
  - Postpartum Doula Support
  - Breastfeeding Education and Support
- Networking, Training for Maternity Care Professionals
  - Trainings, Conferences, Networking Meetings, Advocacy & Policy



## THANK YOU TO OUR SPONSORS!

- Dr. Emiliano Chavira, MD, FACOG, MFMS
- Chemin Perez, LM, CPM
- Ana Paula Markel, ICCE, CD







THIS IS NOT OKAY! #BreakThes

## Forms of Obstetrical Violence

- Coercion
- Force
- Neglect
- Disrespect
- Lack of Informed Consent and Refusal
- Abuse of medicalization and pathologizing natural processes of birth
- Denial of pain and care
- Undignified and disrespectful care (Cohen, 2016).

Respectful maternity care protects women's fundamental rights to dignity, autonomy, privacy and equality (Birthrights, 2017).

### THANK YOU TO OUR VOLUNTEERS!

- Ndinda Ngewa CEU Coordinator
- Debi Paeff Benton Registration Coordinator
- Sayida Peprah Panel Discussion Coordinator
- Marcela Rodriguez Awards Ceremony Coordinator
- Cordelia Hanna-Cheruiyot Event Coordinator
- Brittany Hines
- Destinee Dewalt-Chase
- Sydney Reyes
- Susan Lowe
- Geraldine Perry-Williams

Photography Provided by Ani Tsatourian

### WE WILL ASK THE FOLLOWING QUESTIONS AT THIS EVENT:

- What injustices in maternity care do we know are going on today?
- What can we do about it?

## Learner Objectives

Discuss	Discuss how historical injustices occurring among women of color in the U.S. impact physical and mental health of mothers and children.
Describe	Describe four human rights of childbearing persons.
Apply	Apply the socio-ecological framework to address domains of influence on perinatal health inequities and disparities.
Develop	Develop an action plan/community intervention to create positive social change to transform social/individual determinants of perinatal health

2017 Birthing Justice Forum

# VIRGINIA ESPINO, PH.D., FILM MAKER

They came to have their babies. They went home sterilized.

### "NO MAS BEBES"

### DIRECTED BY VIRGINIA ESPINO & RENEE TAJIMA-PENA

### FILM PRESENTATION

2017 Birthing Justice Forum

"NO MAS BEBES" WARTH RENEE TAJIMA-PEÑA PRINCE VIRGINIA ESPINO AND RENEE TAJIMA-PEÑA FRANKE SALLY JO FIFER SANDRA PEDLOW JULIE BENELLO PARKER WENDY ETTINGER JUDITH HELFAND ENTR JOHANNA DEMETRAKAS FRANKER CLAUDIO ROCHA MAR BRONWEN JONES WITH QUETZAL WILLIE A. GARCIA AN JIMMY LAVA WITH SUPPORT FROM CALHUMANITIES. PARE LORENTZ DOCUMENTARY FUND, GUGGENHEIM FOUNDATION. USA BROAD FELLOWSHIP

no más bebés

UC SANTA CRUZ COR, UC CENTER FOR NEW RACIAL STUDIES, UC MEXUS, UCLA INSTITUTE OF AMERICAN CULTURES

www.nomasbebesmovie.com www.facebook.com/nom

ITVS

www.facebook.com/nomasbebesmovie @nomasbebes

Ð

no more babies

2017 Birthing Justice Forum

# MORNING BREAK

2017 Birthing Justice Forum

# PANEL DISCUSSION

## PANELISTS

- Virginia Espino, Ph.D., Filmmaker
- Ena Valladares, MPH, California Latinas for Reproductive Justice
- Sayida Peprah, Psy.D., CD, Black Women Birthing Justice
- Chemin Perez, LM, CPM, Licensed Midwife, Founder, Nueva Vida Parteria/Arcadia Birth Center
- Cordelia Hanna-Cheruiyot, MPH, CHES, ICCE, CLE, CBA, Founder & Executive Director, The Association for Wholistic Maternal and Newborn Health

2017 Birthing Justice Forum

# LUNCH BREAK



### RECAP OF 2016 BIRTHING JUSTICE FORUM AND HUMAN RIGHTS IN CHILDBIRTH U.S. SUMMIT

SAYIDA PEPRAH, PSY.D., BLACK WOMEN BIRTHING JUSTICE & THE ASSOCIATION FOR WHOLISTIC MATERNAL AND NEWBORN HEALTH

### PUBLIC HEALTH & LAW: UNIVERSAL RIGHTS IN CHILDBIRTH

#### **Informed Consent**

Right to make informed choices, autonomy

#### **Refusal of Medical Treatment**

You "own" your body; have the power to make all of the decisions about what will be done to it; The **decision-maker in childbirth is the birthing woman**.

#### Right to Privacy (from Gov't)

Protects personal decisions about sexuality, reproduction, and the family without government interference. **Decision-making around childbirth is a reproductive justice issue.** 

#### Right to Life

99% of maternal deaths happen in developing countries, where poverty and lack of infrastructure can threaten survival. In many of the places where women and their babies die around childbirth, women's health and life is considered to be literally worth less than men's. The promotion of women's right to life in the context of maternity care requires consideration of the full range of women's social, economic, and political circumstances.

#### **Right to Equal Treatment**

Inequalities in maternity care occur at systemic and societal level, around problems including **poverty**, **nutrition**, **and access to healthcare**. **Inequality and discrimination**-U.S. & Europe (AA & Foreign Born in Europe)



Hermine Hayes-Klein, JD

### Calls to Action

Accountability:

- Creation of accountability mechanisms in hospitals
- Creation of accountability mechanisms for all providers, including midwives and other people providing out of hospital care
- Community accountability boards including physicians/medical personnel
- Development of consent forms written by consumers
- Using birth plans as contracts
- Birth Plan Legislation similar to Advanced Directives
- Extend HIPPA to home birth care
- Immediate advocate available community level or national level advocacy for pregnant people

Calls to Action

Access to care:

- Increase access to culturally competent/appropriate care for all pregnant people.
  - Black women who had midwife assisted births reported higher levels of empowerment and feeling in control. None of these women reported feeling disempowered.
- Volunteer Doulas; Policy changes that allow or advocate for doulas or pay for doulas; system allows and sets up for support people to be involved in care;
- Remove financial incentives for types of care
- Increase access to Medicaid
- Provide free interim care and referrals on how to access health insurance/ MediCal for women who are uninsured or underinsured. Ensure that no pregnant individual is denied prenatal care due to inability to pay.
- Reverse VBAC bans
- Decriminalize midwifery; birth; Creating legal safeties for parents/babies not allowing threatening/coercive procedures "taking the baby" via DCFS if such procedure is not performed;
- Provide health care insurance coverage and Medicare coverage for midwife-assisted birth and perinatal

care

Calls to Action

Experiences of care:

- To end shackling and dangerous conditions for imprisoned pregnant women, and to advocate for the release of pregnant and parenting women from prisons, jails and detention centers.
- Advocating for the implementation of programs that help transfer power from the practitioners to the families: like changing the ways in which care givers are paid; making it clear that they are servants of the families and setting up incentives if the moms speak positively about their experience
- Eliminate short examination room prenatal visits as standard care for individuals with healthy pregnancies.
  - Replace these with group-based midwifery care that is holistic, reduces hierarchy, empowers pregnant individuals to take control of their healthcare, emphasizes relationship building, encourages horizontal support between pregnant women, and provides more in-depth care
- Offer prenatal groups specifically for black women/women of color, led by at least one black woman staff person.
- Address mental and emotional wellness and stress-reduction needs. Provide referrals to services addressing racial discrimination, employment and legal concerns, housing, intimate partner violence, and childhood trauma as part of a holistic approach to prenatal care.
- Utilize a wellness and strength-based model of pregnancy and childbirth that builds on the pregnant individual's health and self-care knowledge and strategies.
- Hire, train and promote visibility of doulas, midwives and lactation consultants of color.

Calls to Action

Support for pregnant people:

- Partnerships: foraging unconventional and new partnerships...Build partnerships between the nurses and the doulas (doulas need to really advocate for their patients without also feeling that if they do, they could be banned from the facilities and can't provide care for others in the future).
- Community organizing: go to where the people are.
- Ensure that all progressive movements, including the feminist, reproductive rights, natural birth, civil rights, environmental justice, prison abolition, LGBTQ and immigrant rights movements understand and support birth justice, and include the concerns, experiences and leadership of black women, women of color, indigenous women and transfolks.
- Advocating for the implementation of programs that help transfer power from the practitioners to the families: like changing the ways in which caregivers are paid; making it clear that they are servants of the families and setting up incentives if the moms speak positively about their experience

### HISTORICAL TIMELINE OF REPRODUCTIVE & BIRTHING RIGHTS & NATURAL CHILDBIRTH MOVEMENT IN THE UNITED STATES

**R. Ndinda Ngewa, Dr. PH and Cordelia Hanna-Cheruiyot, MPH, CHES, ICCE, CLE, CBA** The Association for Wholistic Maternal and Newborn Health

# From 1654 onward

**Enslaved African women** experience incalculable and innumerous offences and abuses on their reproductive rights, bodies and families.



### *1789*

United States Constitution ratified. The terms "persons," "people" and "electors" are used, allowing the interpretation of those beings to include men and women <u>but</u> these rights were not extended to African slaves and Indians.



18<sup>th</sup> and 19<sup>th</sup> Century: Midwives immigrate to U.S. from Europe, Enslaved African Midwives Survive the Middle Passage.



This Photo by Unknown Author is licensed under <u>CCBY-NC-</u>SA



European midwives immigrate to America and serve women in their cultural communities. 50% of births are at home. Enslaved African midwives are "called by dreams and visions" to attend women in childbirth (Judith Rooks, Midwifery and Childbirth in America). Indigenous and Hispanic midwives serve their communities, helping women deliver in their own homes. Lying-in hospitals are established for the poor. Childbearing women die in droves from puerperal fever, because of physicians examining one woman after another and cadavers, without washing their hands. Wealthy women prefer to be delivered at home by doctors or midwives.

During the Progressive Era of the late 19th and early 20th century, • eugenics was considered a method of preserving and improving the dominant groups in the population; through "betterment of the human race" through selective breeding. It was believed some people should not have children (Blacks, Hispanics, mentally ill, mentally retarded, disabled, etc.) White women were encouraged to have a lot of children. It is now generally associated with racist and nativist elements as the movement was to some extent a reaction to a change in emigration from Europe rather than scientific genetics. Eugenics was practiced in the United States many years before eugenics programs in Nazi Germany, which were largely inspired by the previous American work, including "The Final Solution" which referred to the extermination of Jews, Gypsies, The disabled, homosexuals. The Nazi's took their "inspiration" from America.



### **Eugenics** 19<sup>TH</sup> and 20<sup>TH</sup> Century

Starting in 1845, he started to conduct experiments on enslaved women. And why we talk about Sims today and why that statue is there is that he perfected a technique to repair a condition called vesicovaginal/rectovaginal fistula, an opening between the vagina and also the bladder or the vagina and the rectum, which usually comes after traumatic childbirth such as tearing which is unrepaired, or female genital cutting. And Sims started in 1845 - 1846 according to some sources - a series of experiments to repair these fistulas. These experiments were done on White women in the beginning, but they could not endure the pain, so they were performed on enslaved Black women instead. These women were property. These women could not consent. These women also had value to the slaveholders for production and reproduction how much work they could do in the field, how many enslaved children they could produce. And by having these fistulas, they could not continue with childbirth and also have difficulty working. They were performed without anesthesia. There was a belief at the time that black people did not feel pain in the same way that White women did. They were not vulnerable to pain, especially black women. So that they had suffered pain in other parts of their lives and their pain was ignored.



### 1845: J. Marion Sims: Father of Modern Gynecology or Monster?

### *1848-1919*



This Photo by Unknown Author is licensed under CCBY-SA

The Women's Suffrage Movement. However, the right to vote was not extended to indigenous native women, Hispanic women or enslaved African women.



### 1855: Missouri v. Celia

• A Slave, a Black woman is declared to be property without a right to defend herself against a master's act of rape.



### 1870's

 Comstock laws passed making contraception illegal and anything to do with family planning or contraception was deemed "obscene".

### 1873 Comstock Laws

• As enacted, March 2, 1873, the Comstock law forbade the sending through the mail of any drug or medicine or any article whatever for the prevention of conception." The 1873 act did not focus on fertility control, but was a statute that included birth control and abortion among a long list of commercial obscenities. Comstock rallied against contraceptive devices bought and sold in commercial spaces, not against natural forms of birth control such as abstinence and the rhythm.



## 1900's to 1940's

The process of giving birth becomes increasingly medical, and traditional birthing practices decrease under pressure from doctors and medical establishment. In 1915, 40% of all births were attended by midwives. By 1935, that number had decreased to 10.7%. It was lowered further post WWII to less than 5%. States begin to pass laws mandating the sterilization of people deemed inferior and unfit.





33

Indiana became the first state mandating the sterilization of those seen as "unfit for reproduction" based off the 1849 bill by Gordon Lincecum. The Indiana Eugenics law states that those with believed heredity problems such as criminality, mental illness, and pauperism (or being poor) were to be forcibly sterilized in order to preserve the rights of birth to those who would reproduce "good" genes. The laws were then passed in Michigan, Pennsylvania, Washington and California.



# 1907: Compulsory Sterilization



### 1914: THE BIRTH CONTROL MOVEMENT

Founder of Planned Parenthood, an Irish immigrant woman from upstate New York, who worked as a nurse throughout her early life. Her mother died of a combination of child birthing and tuberculosis. Motivated by the loss of her mother, Sanger would later become an advocate for the birth rights of women. **Margaret Sanger tests the validity of New York's anti-contraception law by establishing a clinic in Brooklyn**. The most well-known of birth control advocates, she is one of hundreds arrested over a 40year period for working to establish women's right to control their own bodies.



**1916**: Margaret Sanger


 Margaret Sanger opened the first birth-control clinic in the United States. An advocate for women's reproductive rights who Margaret Sanger leaves a complicated legacy and one that conservatives have periodically leveraged into sweeping attacks on the organization she helped found: Planned Parenthood. She gained support from Eugenicists for her cause. Whether she believed in Eugenics herself is a question up for debate.

"No woman can call herself free who does not control her own body."

## 1918: New York v. Sanger

Margaret Sanger wins her suit in New York to allow doctors to advise their married patients about birth control for health purposes.

<u> This Photo</u> by Unknown Author is licensed under <u>CCBY-NC-NE</u>



## **1916:** Margaret Sanger

Margaret Sanger, her sister, and a friend open America's first birth control clinic in Brooklyn, New York. Women did not yet have the right to vote, could not divorce abusive husbands, sign contracts, or have bank accounts. The clinic she opens provides contraceptive advice to poor, immigrant women. Police raid the clinic and Sanger and the women are arrested for disseminating birth control. Margaret Sanger went to jail numerous times for giving information on birth control.

# *1936-1937*



**Margaret Sanger** is arrested for disseminating birth control information over the mail. Her case is reviewed by Judge Augustus Hand, writing for the U.S. Circuit Court of Appeals, who orders a sweeping liberalization of federal Comstock laws, ruling that new research on the damages of unplanned pregnancy and the benefits of contraception has resulted in contraceptive devices and birth control no longer being classified as obscene.



#### 1920-1930: THE EUGENICS MOVEMENT

41

This Photo by Unknown Author is licensed under CCBY-SA



#### THE FRONTIER NURSING SERVICE BRINGS HEALTH TO KENTUCKY MOUNTAINEERS In the Backwoods it Delivers Babies, Chlorinates Wells, Gives Vaccines, Saves Lives



ecause no other U. S. area suffers from greater obstacles to rural health administration and beause its population is of good old American stock andicapped only by geographical conditions, Mary Breckinridge of Kentucky chose in 1925 the mountains of eastern Kentucky as the region in which to stablish a nursing service in memory of her two children. Staffed by several dozen competent nurses, the Frontier Nursing Service, Inc. delivers an average of around five babies a week. It has adminisered some 90,000 insculations and vaccines against feadly diseases, chlorinated wells over an area of 200 square miles. Its nurses are assisted by young couriers (see left) recruited chiefly from socialite U. S. families. These volunteers often accompany surses on night calls, help care for mountaineer chiliren, take charge of the horses. Clear proof of the service's high place in the community is the fact hat mountaineer parents now tell their children that their smaller brothers and sisters are brought by Frontier Nurses in their saddlebags (see right)



This Photo by Unknown Author is licensed under <u>CCBY-SA</u>

#### 1920s: The Nurse-Midwifery profession is born

Mary Breckinridge, a nurse and midwife from England establishes Frontier School of Nursing in Wendover, KY. Nurses with midwifery training from Europe ride horseback into the mountains of Appalachia to provide primary care, prenatal care and birth and postpartum care to poor coal miners families. Public Health Nursing and Nurse-Midwifery Professions are born.



## The Sheppard Towner Act

- Sheppard Towner Act (1921) Julia Lathrop of Children's Bureau
- Register births/Vital statistics; connect mothers to infant welfare nurses
- Statistics they gathered showed lack of financial resources of family effected mortality of children and mothers;
- Connected child welfare nurses & improved maternal and child mortality & morbidity
- Cleaned up meat & milk, improved sewage systems.
- PHNs gave hygienic advice, encouraged breastfeeding as means to for infant survival; gave routine care to expectant mothers, "instructed" the midwives.

1935: **Grantly Dick-Read** (26 January 1890 – 11 June 1959) publishes first book on Natural Childbirth, then in 1942, publishes Childbirth Without *Fear*. He is ridiculed by his colleagues.

RIVIN DARKEL ID MI here Hisser - House Flin MD



We must understand that childbirth is fundamentally a spiritual, as well as a physical, achievement. The birth of a child is the ultimate perfection of human love.

(Grantly Dick-Read)

**1936**: United States v. One Package of Japanese Pessaries

"Tracing One Package -- The Case that Legalized Birth Control"

Seventy-five years ago a plain-wrapped package sent from Japan and seized by U. S. Customs delivered a fatal blow to one of the most restrictive and inhibiting federal laws in American history. On December 7, 1936, the U.S. Court of Appeals for the Second Circuit issued a ruling that released "One Package, containing 120, more or less, Rubber Pessaries to Prevent Conception" from confiscation. It was a historic decision that effectively disabled the Comstock laws and legalized doctor-prescribed contraception. The unusual, cone-shaped Japanese diaphragm was quickly forgotten, but the One Package case still reverberates today through its influence on subsequent court decisions. Orchestrated by Margaret Sanger and her celebrated attorney, Morris Ernst, One Package secured the legal foundation for groundbreaking rulings on reproductive and privacy rights.



### *1937*

The American Medical Association (AMA) **recognizes birth control** as a new sector of medical practice and education.

46



U.S. Public Health Service recommends the teaching of sexuality education in public

schools.

### 1940's: The "Guatemala Experiment"

U.S government **deliberately** infected experiment subjects with syphilis, gonorrhea and chancroid to study ways to treat sexually transmitted diseases and prevent them from spreading in the 1940s.



# *1948*

#### Gregory Pincus helped invent the first birth-control pill



Born in Woodbine in 1903, Gregory Pincus was just 24 when he earned a Harvard Ph.D. He got his big break in 1953 when birth control champion Margaret Sanger asked him to develop a pill women could take to prevent pregnancy. Pincus and associate Min Chueh Chang discovered that a hormone called progesterone stopped female animals from making eggs. Then, in clinical trials conducted with Dr. John Rock, Pincus showed *synthetic* progesterone did the same thing in human females.

Pincus won international acclaim and changed the lives of millions of women and men.

Planned Parenthood helps fund the development and testing of "the pill" by research biologist, Gregory Pincus.

#### 1950: Improvements to Birth Control

In the mid-1950s, men by the names of John Rock and Gregory Pincus had created what they believed to be an effective means of oral contraception and were looking for a population to test it on. The men decided that Puerto Rico would be an ideal location due to the fact that the country supported birth control methods to prevent population growth (PBS.) **The women the pill was tested on were mostly poor women who had very limited economic and educational opportunities.** 



#### 1920s-1950s

Granny midwives, both Black and White, work throughout the South, providing much simpler care, yet with good outcomes. They are "trained" by health departments in the 1940s and 1950s.









## 1920-1951: Henrietta Lacks

HeLa cells were the first human cells successfully cloned in 1955 from a Black woman names Henrietta Lacks . She was an illiterate tobacco farmer in Virginia. Who was infected with syphilis by her husband (who was also her cousin) and developed a very deleterious strain of cervical cancer. Johns Hopkins took the cells from her, and Dr. George Gey, was the first to **replicate the cellular strain in mass production, giving away the cell line which was used in numerous trials**. Many scientists and companies benefitted from the use of HeLa cells, though the Lacks family could not afford health insurance and did not receive monetary compensation.



## *1956*

Clinical trials begin on early forms of the birth control pill on women living in housing projects in Puerto Rico. Levels of estrogen and progesterone are **20 times the eventually acceptable levels, creating harmful side effects for women**.

PAINLESS Lamare Metho The Classic Guidebook to Giving Birth the Natural Way by the World's Foremost Authority FERNAND LAMAZE



1956:
Painless
Childbirth is
Published by
obstetrician
Fernand Lamaze,
promotes natural
birth and painless
childbirth.

The U.S. Food and Drug Administration approves the sale of oral pills for contraception.







#### <u>This Photo</u> by Unknown Author is licensed under <u>CC BY-NC-SA</u>

#### **1965**: Griswold v. Connecticut

The Supreme Court **nullified a Connecticut statute prohibiting the use of birth control by married persons**. Supreme decision establishing a married couples right to access contraception. The new law argued that married individuals have privacy rights that protect their access to contraceptives.



One in every five married women in the U.S. has used the pill. The pill spawns a new "sexual revolution" as people can have sex without fear of unwanted pregnancy. Sex outside of marriage becomes acceptable.

This Photo by Unknown Author is licensed under CCBY-NC-SA



**1965**: Sterilization of Puerto Rican Women

Between 1950 and roughly 1970, working class Puerto Rican women were being **sterilized as a form of population control and social class control**. This practice began as early as the 1930s, and was the "policy" in Puerto Rican hospitals and family planning clinics. Many women were forced to have their tubes tied upon giving birth to their second child, but many women also experienced sterilization independently from giving birth.

This Photo by Unknown Author is license under <u>CCB</u> The United States Supreme Court unanimously ruled in Loving v. Virginia that anti-miscegenation laws (marriage between Blacks and Whites) are unconstitutional. With this ruling, these laws were no longer in effect in the remaining 17 states that at the time still enforced.



59

This Photo by Unknown Author is licensed under CC BY-NC-ND

1967: Loving v. Virginia

There were laws between 1840-1967 made in 49 states that refused the legality of abortions. Until 1973, pre-born babies were protected under American law. Now, while this may not have been in writing, the founding fathers of the United States referred to this as common law, where before the fourth month of pregnancy. It was seen as a 'very heinous misdemeanor' calling for swift repercussions such as the 'loss of a limb, confiscation of property or life in prison' in this timeframe.



### 1967: Abortion Illegal in 49 States

• Date by which a campaign by private agencies and the Puerto Rican government resulted in the sterilization of 1/3 of Puerto Rican women of child rearing age.









#### 1970S-PRESENT: THE REPRODUCTIVE JUSTICE MOVEMENT

Sterilization of 25% of Indian women living on reservations. In 1975 alone, **25,000 women are sterilized by the Indian Health Services**.





1971: "Our Bodies, **Ourselves**" Published by **Boston** Women's Health **Collective**. The Women's Self-Help Health Movement is Launched.







1975: THE FARM MIDWIFERY CENTER & INA MAY GASKIN PUBLISHES "SPIRITUAL MIDWIFERY" – LAY MIDWIFERY MOVEMENT IN AMERICA IS OCCURING ALL OVER THE COUNTRY.



#### 1960s -1970s:

Resurgence of Homebirth in America, and start of the direct-entry midwifery movement. Mostly White, middle-class women are working on establishing the first associations for homebirth information and promoting natural childbirth. As a result, hospitals change to become more family-centered.



Photo by Laura Scheerer Whitney



#### • 1960S AND 1970S-

Childbirth Education Associations are Launched, including :

International Childbirth Education Association (ICEA)

ASPO-Lamaze

Association for Childbirth at Home International (ACHI)

American Academy of Husband-Coached Childbirth, (AAHCC)

Informed Homebirth/Informed Birth and Parenting (IH/IBP)

Association of Labor Assistants and Childbirth Educators (ALACE),

and others.

Chinyere Oparah States in her essay in *Birthing Justice: Black Women, Pregnancy and Childbirth*(Routledge, 2015), "the struggle for birthing alternatives is inseparable from struggles for racial, economic and social justice and the fundamental transformation of global maternal-care systems" (Page 13). As White women from the counter-culture in the 1960s and 70s were building the "Alternative Natural Childbirth Movement," Black activists were involved in the Black Power and civil rights movements which worked to address social conditions and institutionalized racism which contributed to "Black women's vulnerability to pregnancy complications" and infant mortality. "In particular, civil rights activists focused on **desegrgating hospitals** and fighting for their inclusion under the Civil Rights Act of 1964", which prohibited funding to any institution which denied Black people access to treatment. Also, according to Oparah, "Black nationalists established autonomous health clinics and challenged racism in the medical profession, as well as exploitative research" (such as The Tuskeegee Study and the Hela cell research). "While working on access to quality healthcare services for [poor women of color], many Southern and immigrant Black women continued to birth against the grain drawing upon 'motherwit'intergenerational mothers' wisdom— to guide their birthing decisions." (Oparah, page 13).



1960s & 1970s: Black power activists fight for access to healthcare services for African-Americans

**Preventing Teen** Pregnancy in the US had its sectory they Hare Hue, passivo here gels, applich extreme, pro harlson howar in the UK. The mode of an gloss star to me having entrol intervenies and how parenting, but the reality is stabily definition. Having a digit depending the two years various highnate-stantional states, and humad-to the period. lative shift and venezianty. Pavets, whenton, pakin length and toolking professionals, and community reparent-ine all of 10 have a relative glass increducing been programmy. Charlog the past an unsets, the outs of tonic gards burning children has the apport to during a few to the lowest loved areas exercise in heavy being being to be because here programs has and a long impact in the Reprint Administration (Beldiness Lanete Mult you can do to technik have pergeousies -e. See page 2

Report to bearing second ? Vindle

This Photo by Unknown Author is licensed under CCBY-SA

at a lower,

## **1970**: Title X

Congress passes and President Nixon signs into law Title X of the Public Health Service Act. Title X makes contraceptives available to everyone regardless of income and provides funding for educational programs and research in contraceptive development. Congress broadens Title X's mandate to provide community-based sex education programs and preventive services to teenagers at risk of becoming pregnant.

The Supreme Court rules that the right to privacy encompasses an unmarried person's right to use contraceptives.



## 1972: In Eisenstadt v. Baird

## *1973: Roe v. Wade*



The U.S. Supreme Court ruled against a Texas law prohibiting abortions not necessary to save the woman's life. For the first time women are given a fundamental right to choose. The U.S. Supreme Court decision establishing a women's right to abortion; declares that the Constitution protects women's right to terminate an early pregnancy, thus making abortion legal in the U.S.

This has been true since the Supreme Court declared that autonomous abortion rights are built into the Constitution, and that legal barriers to abortion are unconstitutional. This ruling was arrived at on the premise that the 9th and 14th Amendments, according to legal precedent established during the 1960's, guarantees a woman's "right to privacy"—a right that extends even to abortion.

#### 1974: Cleveland Board of Education v. LaFleur

Determines it is illegal to force pregnant women to take maternity leave on the assumption they are incapable of working in their physical condition.


Mary Alice Relf (age 14) and her sister Minnie Relf (age 12) become victims of the abusive practice of sterilizing poor, black women and girls in the South. Their mother, who had very little education and was illiterate, signed an "X" on a piece of paper, expecting her daughters, who were both mentally disabled, would be given birth control shots. Instead, the young women were surgically sterilized. During the course of *Relf vs. Weinberger*, the court found an estimated 100,000 to 150,000 poor people were sterilized annually under federally-funded programs. The case led to changes in medical practices, including the requirement that doctors obtain "informed consent" before performing sterilization procedures.



MCAC Clinic, 1973

Mary Alice Reif, 12 Minnie Lee Reif, 14

1974: Relf vs. Weinberger

# 1976:The Supreme Court upholdsGeneral Elec.women's right toCov. Gilbertunemployment benefitsduring the last three months

of pregnancy.



1975: SUZANNE ARMS PUBLISHES IMMACULATE DECEPTION, WAS A NEW YORK TIMES BEST BOOK OF THE YEAR; MORE THAN 250,000 COPIES WERE SOLD.



#### 1975: SILENT KNIFE, ON CESEAREAN PREVENTION & VBAC PUBLISHED BY NANCY WAINER COHEN AND LOIS ESTNER

1976: Planned Parenthood of Central Missouri v. Danforth The Supreme Court ruled against a Missouri statute that would force a married woman to obtain her husband's approval before getting an abortion and ruled against a written parental consent requirement for minors.

Congress enacted the first Hyde Amendment and thereby limited federal funding for abortions through Medicaid and all other HHS programs.



#### 1976: Hyde Amendment

## **1976:** marital rape

The first marital rape law is enacted in Nebraska, making it illegal for a husband to rape his wife.



#### 1977: Maher v. Roe

The Supreme Court upheld a Connecticut ban on public funding for abortions, with the exception of abortions that were "medically necessary."

#### **1977**: The Hyde Amendment is revised to allow states to deny Hyde Medicaid funding except in Amendment cases of rape, incest, or "severe (revised) and long-lasting" damage to the woman's physical health.



1978: The Pregnancy Discrimination Act

Bans employment discrimination against pregnant women.



#### **1978**: title x (amended)

Congress amended Title X, legislation that provides funding for family planning and health screening services. The amendment placed "a special emphasis on preventing unwanted pregnancies among sexually active adolescents," adding services specifically for teenagers.



#### **1979**: Fetus Viability

Physician John Franklin succeeds in challenging a vague Pennsylvania state law that places unnecessary restrictions on doctors performing abortions when a fetus is or "may be" viable.

## HYDE HURTS

The Hyde Amendment denies federal insurance coverage of abortion, making abortion unaffordable for women enrolled in Medicaid and other public healthcare. Without the ability to afford it, the right to abortion is meaningless.

#### Here's how this hurts low-income women of color and young women



#### 1979: Hyde Amendment

Made it illegal for federal Medicaid to pay for abortions except in the case of life endangerment for the pregnant woman.

85

Creation of the Convention on the Elimination of all forms of Discrimination Against Women – not ratified by United States





## 1980: Harris v. McRae

The Supreme Court upheld the Hyde Amendment in Harris v. McRae, ruling that "a woman's freedom of choice (does not carry) with it a constitutional entitlement to the financial resources to avail herself of the full range of protected choices."

First studies on doulas conducted by Kennel and Klaus in Guatemala. Shows that the continuous presence of woman with laboring mother reduced labor length, reduced pain medication, rates of cesarean section, increased bonding and breastfeeding and maternal satisfaction



#### **1980s:** Doula Profession is Born

## CESAREAN PREVENTION MOVEMENT LAUNCHED



1982 Esther Zorn founds the Cesarean Prevention Movement (now ICAN) in Syracuse. NY, successfully challenging the long-held "once a cesarean, always a cesarean" dictum. Susan was an active officer of the Westchester-Putnam chapter of CPM.

1982: Esther Zorn Founds International Cesarean Awareness Network (ICAN)

#### **1980's**: Depo-Provera

 Phoenix and Oklahoma City Indian Health Services use Depo-Provera on Native women with disabilities, despite the fact that it wasn't approved by the FDA. Reason given was for "hygienic purposes" – or to stop the periods of patients with developmental disabilities.





#### 1990s: Labor Companion Associations



First professional labor companion associations are established for new profession of childbirth companions, **Doulas** of North America established in Seattle by Penny Simkin. The **Association of Labor Assistants** and Childbirth Educators established by Rahima Baldwin in Ann Arbor, MI.

## *1983*

A Missouri requirement that abortions after the first trimester must be performed in hospitals is found unconstitutional. Another anti-abortion law, mandating parental consent or court authorization for an abortion, is upheld.



#### 1980s: Michel Odent, A French Obstetrician Publishes Birth Reborn (1984) & Primal Health (1986)

In charge of the surgical and maternity units of the Pithiviers hospital (France) from 1962 to 1985, Odent developed a special interest in environmental factors influencing the birth process. He introduced the concepts home like birthing rooms, birthing pools and singing sessions for pregnant women. After his hospital career he was involved in home birth, founded in London the Primal Health Research Centre, and designed a database (primalhealthhresearch.org) in order to compile epidemiological studies exploring correlations between what happens during the "Primal period" and health later on. Michel Odent is Visiting Professor at Odessa National Medical University and Doctor Honoris Causa of Brasilia University.Odent is the author of the first articles about the initiation of breastfeeding during the hour following birth, the first article about the use of birthing pools during labour, and the first article applying the "Gate Control Theory of Pain" to obstetrics.

## **1986:** state abortion restrictions

Pennsylvania health care providers join in a challenge to several state abortion restrictions, which leads to a resounding affirmation of a woman's constitutional right to choose abortion. State-scripted lectures biased against abortion and extreme, health-threatening limits on post-viability abortions are struck down.

**1989**: The Supreme Court broadened the restrictions Webster vs. that could be put on the use Reproductive of tax money to pay for Health Services abortions. It also approved a requirement in the State of Missouri that after 20 weeks the physician must do viability testing on her preborn baby.

## *1990's*



Depo Provera is given to women of color in public health clinics, often without adequate medical information or consent

## Early **1990s**: MEAC & NARM



Establishment of **Midwifery Education and Accreditation Council** (**MEAC**) as an accrediting body for direct-entry midwifery schools; and the North America **Registry of Midwives (NARM)** establishes the Certified **Professional Midwife (CPM)** credential, allowing for multiple pathways into midwifery profession, other than university-based nursing.

### 1991: Rust v. Sullivan



The Supreme Court rules that family planning clinics that receive Title X funding can be forbidden to answer clients' questions about abortion.



#### *1991*

Planned Parenthood of Southeastern Pennsylvania reaffirms the "core" holdings of *Roe v. Wade* that women have a right to abortion before fetal viability, but allows states to restrict abortion access so long as these restrictions do not impose an "undue burden" on women seeking abortions.

99

#### 1992 – Planned Parenthood of Southeastern Pennsylvania v. Casey

The Supreme Court does not overturn Roe v Wade, however they add strict restrictions for obtaining abortions including parental consent, pre-abortion counseling, and a waiting period only invalidating spousal notification.



1993: California Licensed Midwifery Practice Act

Legalization of Licensed Midwifery in CA with passage of Licensed Midwifery Practice Act of 1993.

## *1993*



President Clinton lifts the "gag rule" that forbade doctors in federally funded clinics from mentioning the option of abortion. He also lifted the ban on the use of fetal tissue in research.

### 1993 : Title X gag rule repealed

President Bill Clinton, the first pro-choice president in 12 years, is voted into office. In one of his first acts, he repeals the Title X gag rule, which prohibited low-income patients from receiving medical information, counseling, or referrals for abortion services. Clinton also overturns the global gag rule that denied funding to international family planning organizations. President Clinton vetoes two federal abortion bans, one of which stated under federal legislation that physicians could have been jailed, fined, and/or sued for performing safe abortion procedures.

 $\frac{10}{3}$ 

**1994**: Gender Equity in Education Act

Congress adopts the Gender Equity in Education Act to train teachers in gender equity, promote math and science learning by girls, counsel pregnant teens, and prevent sexual harassment.

**1994**: Violence Against Women Act

The Violence Against Women Act funds services for victims of rape and domestic violence, allows women to seek civil rights remedies for gender-related crimes, provides training to increase police and court officials' sensitivity and a national 24-hour hotline for battered women.

## *1994*: Framework 01 Reproductive Justice



10 6

## *1994: FACE*



Congress passes the Freedom of Access to Clinics Act (FACE), making it a federal crime to use force of threats to interfere with a woman's right to seek an abortion.

10

## *1996*



President Bill Clinton signing welfare reform legislation; Personal Responsibility and Work **Opportunity Reconciliation** Act, punished low-income women on welfare for bearing children and coercing low income women to marry.
1996: "late-term procedure"

President Clinton vetoes legislation that would have banned a" late-term procedure" because it lacked an exception for the women's health as well as her life.



 ${10 \over 9}$ 

1997: Sister Song Collective



#### Women of Color Reproductive Justice Collective

Sister Song Collective formed to educate women of color and policy makers on reproductive and sexual health and rights, and to increase access of health services, information and resources that are culturally and linguistically appropriate. 1999: National Organization for Women (NOW)



**Expansion of Reproductive Freedom** to Include Midwives Model of Care; the National Organization for Women (NOW) expanded the definition of reproductive freedom to include choices in childbirth, including place of birth (hospital, birth center, or home) and access to midwifery care.

#### **REMEMBER THE MOTHERS**



#### *1999:* Ina May Gaskin, inspired by The AIDS quilt, launches the **Safe Motherhood Quilt** to bring attention to Maternal Death in America.

United Nations produces Protocol To Prevent, Suppress And Punish Trafficking In Persons, Especially Women And Children, supplementing the United Nations Convention Against Transnational Organized Crime.





## 2000: United States v. Morrison



The U.S. Supreme Court invalidates those portions of the Violence Against Women Act permitting victims of rape, domestic violence, etc. to sue their attackers in federal court.

> 11 4

## 2000's



The New York Times reports that Alabama has adopted a new law to prevent children from being exposed to drugs--in and out of the womb. States begin passing laws criminalizing women who use drugs while pregnant.  $\frac{11}{5}$ 

#### The FDA approves **2000**: **RU-486** "abortion *RU-486* pill", a safe, *<i>`abortion* effective, and pill" private alternative to surgical abortion.

## 2001: global gag rule



The Bush administration reinstates the global gag rule. 80,000 women die each year from unsafe and illegal abortion across the globe. Bars U.S aid to international groups that use their own money to support abortion, which includes not having funds to pay midwives to provide prenatal care.



President Bush closes the White House Office for Women's Initiatives and Outreach, which served as a liaison between the White House and women's organizations. President Bush removes contraceptive coverage from the Federal Employees Health Benefit Plan (FEHBP), even though the Office of Personnel Management found that the coverage did not add any additional cost to the FEHBP premiums.

11



2001: "Unborn Victims of Violence Act."

The House passes the "Unborn Victims of Violence Act." The bill elevates the legal status of a fetus to that of an adult human being.



Bush administration announces new rules covering fetuses but not pregnant women in the Children's Health Insurance Program (CHIP), reducing women to "host" status. 2002: "Child Custody Protection Act" The House passes the "Child Custody Protection Act" which would make it a federal crime to transport a minor across state lines for an abortion unless the parental involvement requirements of her home state had been met.

12

President Bush withholds \$34 million in funding for birth control, maternal and child health care, and **HIV/AIDS** prevention from the United Nations Population Fund (UNFPA).

### 2002: "Abortion Non-Discrimination Act" (ANDA)

U.S. House of **Representatives passes** "Abortion Non-Discrimination Act" (ANDA), which allows a broad range of health care entities to refuse to comply with existing federal, state, and local laws and regulations pertaining to abortion services.

 $\frac{12}{3}$ 



Bush administration reverses U.S. position in support of 1994 global agreement that affirms the right of all couples and individuals to determine freely and responsibly the number and spacing of their children and to have the information and means to do so.

**President Bush's proposed** budget for fiscal year 2004 denies women access to abortion services and provides no increase for the Title X family planning program.

Senate and House defeat Department of Defense (DOD) Amendments that allow women in the military stationed overseas to obtain an abortion at military facilities if they pay for it with their own funds. Currently, military women must either search for abortion services elsewhere in the country in which they are currently serving or ask their supervisors for permission and time to travel to another country where abortion is legal.

#### 2003: "Partial Birth Abortion Ban"

The U.S. Senate and U.S. House of Representatives pass the "Partial Birth Abortion Ban" with no exception for women's health, which President Bush then signs into law. This ban threatens to overturn Roe v. Wade and criminalizes the most common abortion procedure used after the first trimester. Immediately upon the bill's signing, major reproductive rights organizations filed three separate lawsuits. In each case, the courts have issued temporary restraining orders preventing the law from being implemented.



Parental notification or consent laws pass around the country, restricting abortion access for minors under the age of 18. Tanya Smith, an incarcerated transwoman experienced sexual harassment and medical neglect while in California prisons; Transgender and gender-variant people, as a population, are incarcerated at even higher rates than the general population of African American men, although the majority of those incarcerated are also people of color. Despite demands to place them in facilities based on their gender identity, they've been systematically put in prisons based on their genitalia.



2005: Transgender and gendervariant

Three states defeat attempts to restrict or ban abortion – SD, CA, OR



*2006*: Ban on the "partialbirth" abortion

The Supreme Court upholds a ban on the "partial-birth" abortion procedure. The Partial-Birth Abortion Ban Act, a federal law passed in 2003, was the first to ban a specific abortion procedure.



### 2007: Gonzales v. Carhart

Before the 2007 trial of Gonzalez v. Carhart, the law of 2003 known as the Partial-Birth Abortion Ban Act was in practice. This meant that doctors were legally unable to perform an abortion within the second trimester of pregnancy. At the time, 85 to 90% of the annual 1.3 million abortions performed were within the first trimester, or the first three months, and were not covered under the Partial-Birth Abortion Ban Act.

### 2007: Gonzales vs. Carhart

Supreme Court upholds bans on third-trimester abortions regardless of the health of a pregnant woman



The newly ultraconservative Supreme Court overturns the lower court rulings and upholds the abortion ban that President Bush signed into law in 2003.



Nancy Pelosi becomes the first female speaker of the House. She is pro-choice.



2008: Unnatural Causes Documentary

Groundbreaking documentary explores the social determinants of health and makes the argument that inequalities in society are to blame for differences in health status between people in America.

## 2009: global gag rule overturned

President Obama overturns the global gag rule, ending eight years of policies that have blocked access to basic health care for women worldwide. Federal court rulings state that the FDA must make Plan B emergency contraception available over the counter to all women 17 and older.

2009: Women's health and reproductive rights The fight for women's health and reproductive rights has been a long an arduous one. If it were not for women (and men) who have advocated before us, it is quite possible that the current state of women's health and reproductive rights could have been a bleak and discouraging one.

> 13 8

Under this law, private health insurance companies must provide birth control without copays or deductibles. The law requires private insurance companies to cover preventive services.



2010: Affordable Health Care Act

#### Calling Attention to Maternal Mortality in the US



#### Amnesty International Report, 2010:

Maternal Mortality Ratio in 2005

#### 38.7 per 100,000 for non-Hispanic, African-American women vs. 10.7 per 100,000

for white women

#### *2010*:

Amnesty International Publishes **Deadly Delivery: Maternal Mortality and The Healthcare** Crisis in the USA to bring awareness to the problem of disparities in maternal deaths in America.

### 2013: Birth Control in Health Care **Benefits**

The U.S. Department of Justice has petitioned the Supreme Court to review the craft-supply chain Hobby Lobby's case against the rule requiring employers to cover contraception in their health plans. The 10th Circuit Court of Appeals ruled in June that the Christianowned Hobby Lobby should not be subject to fines for not complying with the requirement while it argues the birth-control rule in court.



### 2013: Reauthorization of the Violence Against Women Act

Reauthorization of the Violence Against Women Act. The new bill extends coverage to women of Native American tribal lands who are attacked by non-tribal residents, as well as lesbians and immigrants. 14 A 29-year-old dental assistant who lives in Stockton, Calif., sued her former obstetrician for assault and battery after he performed an episiotomy on her in 2013 at a hospital in Los Angeles County. The obstetrician not only refused to listen when she repeatedly yelled out, "No, don't cut!" during the delivery; **but he also proceeded to make 12 painful cuts in a row when carrying out the episiotomy**, a surgical procedure used to widen the vagina.



birthanarchy.com

### 2013: Kimberly Turbin

# *2016*: Turbin Abassi

An unprecedented case of national interest about the legal rights of childbearing

persons.

In April of 2015 Tennessee Gov. Bill Haslam acted against the recommendations of doctors, addiction experts, reproductive health organizations and nearly every national medical association and signed a measure that allows prosecutors to charge a woman with criminal assault if she uses narcotics during her pregnancy.





references

- www.racialequitytool.org. Reproductive Justice 101
- <u>www.nwhp.org</u>. Detailed Timeline National Women's History Project
- Wall, L.L. (2006). The Medical Ethics of Dr. J. Marion Sims: A fresh look at the historical record. *Journal of Medical Ethics*, June 32 (6) 346-350.
- <u>www.bioethics.gov</u>. "Ethically impossible" STD Research in Guatemala from 1946 to 1948. Presidential Commission for the Study of Bioethical Issues. September 2011
- The Immortal Life of Henrietta Lacks. Rebecca Skloot. 2010. Crown Publishing Group
- <u>www.unnaturalcauses.org</u>. Unnatural Causes: Is inequality making us sick? (2008)

Moving Towards Solutions

## GROUP EXERCISE

The Socioecological Model as applied to violence against women and girls, however it applies to Obstetrical Violence as well.

(Source: The Lancet, retrieved from: http://www.thelancet.com/cms/attach ment/2020894921/2041097832/gr2.jpg)

SOCIOECOLOGICAL MODEL



• Intrapersonal/individual factors: influence behavior in predisposing ways such as knowledge, attitudes, beliefs of the individual childbearing person..

**Interpersonal factors**: these are family members, peers, health professionals, teachers, counselors, etc. that either foster or hinder interpersonal growth or healthy behavior.

**Institutional and organizational factors**: these are hospitals, schools, churches, workplaces, etc. that create rules, regulations, policies, and informal structures that constrain or promote healthy behaviors or foster diseases or health disparities.

**Community factors**: these are formal or informal social norms and customs or cultural practices that exist among groups, families or organizations such as workplaces, schools, religious institutions, that can hinder or help individuals perform healthy behaviors or perpetuate a disease or health problem.

**Society Factors:** These are public policies, laws, political climate or political ethos, that regulate or support health actions and practices for fostering or inhibiting changes in health behavior, health problem or disease.

2017 Birthing Justice Forum

## MATERNAL-CHILD HEALTH CHAMPION AWARDS CEREMONY