

We would like to express thanks to our wonderful volunteers and sponsors, and to all who attended. Thank you all for sharing this special day with us.

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The Association for Wholistic Maternal and Newborn Health Promoting Mother-Baby Friendly Maternity Care Maternal-Child Health Education, Training, Consultation and Support



2014 MOTHER-FRIENDLY CHILDBIRTH INITIATIVE SYMPOSIUM

MEDICINE AND MIDWIFERY:
BRIDGING THE GAP



Featuring Keynote Speaker Robbie Davis-Floyd, Ph.D. Cultural and Medical Anthropologist

April 29 & 30, 2014

California Endowment Center for Healthy Communities Los Angeles, California









Women's Health



EISNER PEDIATRIC & FAMILY MEDICAL CENTER a california health center

OVERVIEW OF CONFERENCE

SCHEDULE: TUESDAY, APRIL 29

8:15 am Welcome—Monica Vieira, CNM, Past President, California Nurse-Midwives Association and Cordelia Hanna-Cheruiyot, MPH, CHES, ICCE, CLE, CBA, Executive Director, Assn. for Wholistic Maternal and Newborn Health and Stephanie Dawn, Founder, Sacred Birth Mentor Program

Session 1: 8:30-9:15 am -"Overview of the Coalition for Improving Maternity Services Mother-Friendly Childbirth Initiative and It's Alignment with Healthcare Reform"-Speaker: Cordelia Hanna-Cheruiyot, MPH, CHES, ICCE, CLE, CBA, Executive Director, Association for Wholistic Maternal and Newborn Health

Session 2: 9:15-10:30 am—"The Technocratic, Humanistic, and Holistic Models of Birth" - Speaker: Robbie Davis-Floyd, Ph.D., Senior Research Fellow, Dept. of Anthropology, University of Texas Austin

10:30-10:45 am - Morning Break

Session 3: 10:45 am-12:00 pm—"Good Girls and Guys: The Paradigm Shift of Holistic Obstetricians: Why Some Doctors Choose To Change" - Speaker: Robbie Davis-Floyd, Ph.D.

12:00-1:00 pm - Lunch

Session 4: 1:00- 2:30 pm — "Home Birth Emergencies: The Trouble with Transport" - Speaker: Robbie Davis-Floyd, Ph.D.

2:30-3:00 pm - Afternoon Break

Session 5: 3:00-4:15 pm — Panel Discussion: "Implementation of Holistic Multidisciplinary, Mother- and Baby-Centered Maternity Care- Teams" Panel Moderator: Dr. Ruth Meilke, CNM, DNP., California State University, Fullerton

4:30-6:00 pm — Wine and Cheese Reception and Book Signing by Dr. Davis-Floyd, Networking

Bring your Dr. Davis-Floyd books for autograph at the event. Bring your business cards and flyers for the resource table.

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ASSOCIATION FOR WHOLISTIC MATERNAL AND NEWBORN HEALTH

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OVERVIEW OF CONFERENCE

SCHEDULE: WEDNESDAY, APRIL 30

"The Anthropology of Reproduction: An Evolutionary Perspective on Childbirth, Obstetrics, Midwifery, Breastfeeding, and the New Reproductive Technologies" Speaker: Robbie Davis-Floyd, Ph.D.

Session Description:

A whole college course in a day! This workshop offers an overview of the exciting sub-discipline of the anthropology of reproduction from its early beginnings to its latest findings. We will concentrate on anthropological studies in four major areas: childbirth, midwifery, the new reproductive technologies, and the politics of reproduction.

SCHEDULE FOR DAY 2:

8:30 am - Check In & Breakfast (on your own)

Session 1: 9:00 am-10:30 am -"The Anthropology of Birth"

Session 2: 10:30 am - 12:00 pm - "The Anthropology of Midwifery: Creation of a New Sub-discipline"

12:30-1:30 pm Lunch (on your own)

Session 3: 1:30-4:00 pm -"A Wider Arena: The Anthropology of Reproduction"

4:00 pm Adjourn



THE CIMS MOTHER-FRIENDLY CHILDBIRTH INITIATIVE (MFCI)

FOUR PRINCIPLES AND TEN STEPS



The First Consensus Initiative of the Coalition for Improving Maternity Services

Evidence Basis for the Ten Steps of Mother-Friendly Care in the *Journal of Perinatal Education*, 2007, Issue 16, a Special Supplement

Mission

The Coalition for Improving Maternity Services (CIMS) is a coalition of individuals and national organizations with concern for the care and wellbeing of mothers, babies, and families. Our mission is to promote a wellness model of maternity care that will improve birth outcomes and substantially reduce costs. This evidence-based mother-, baby-, and family-friendly model focuses on prevention and wellness as the alternatives to high-cost screening, diagnosis, and treatment programs.

Empowerment

Autonomy

Do No Harm

Responsibility

These principles give rise to the following steps, which support, protect, and promote Mother-Friendly maternity services.

Visit http://motherfriendly.org for a complete description of the 10 steps and to download educational materials.

CONTINUIUNG EDUCATION

American College of Nurse-Midwives (ACNM) offers 9.5 units for Day One and 7 units for Day Two. Both days are approved for 10.25 units for Certified Nurse-Midwives.

California Nurse-Midwives Association L.A. Chapter (CNMA) offers 7 CEUs per day for a total of 14 units Registered Nurses.

National Commission for Health Education Credentialing (NCHEC) offers 7 CEUs per day for a total of 14 units for Certified Health Education Specialists (CHES).

International Childbirth Education Association (ICEA) offers 7 CEUs per day or a total of 14 units for Certified Childbirth Educators and Certified Doulas.

Please turn in your evaluation at the Continuing Education Table and pick up your certificate at the end of each day. CEUs are \$1 per unit. Please pay at the CEU table. Make checks payable to "AWMNH".

ABOUT THE CONFERENCE SPONSORS

The Association for Wholistic Maternal and Newborn Health

http://wholisticmaternalnewbornhealth.org

AWMNH's mission is to promote the availability and use of skilled maternity care, at all levels and in a variety of settings, including nurses, midwives, community-based doulas, breastfeeding peer counse-

lors and community health promoters. Through the education and professional development of qualified practitioners, we seek to provide wholistic, multidiscliplinary maternity care in varied settings including clinics, private homes, hospitals and freestanding birth centers. We promote evidence-based maternity and infant care to reduce perinatal health disparities.



http://california.midwife.org

CNMA's mission is to facilitate the integration of nurse midwives into the health care system of California, promote legislation/regulations supportive of maternal child health and nurse-midwifery practice, and pro-



vide a forum for interaction with other groups sharing common maternal-child health goals. The CNMA promotes the health and well-being of women and newborns within their families and communities through the development and support of the profession of midwifery as practiced by Certified Nurse-Midwives (CNMs) and Certified Midwives (CMs).

EXHIBITORS & DONORS

SUPPORT OUR EXHIBITORS

Association for Wholistic Maternal and Newborn Health California Nurse-Midwives Association U.S. Military Teva Pharmaceuticals Diclegis Pharmaceuticals Merck Pharmaceuticals Cord Use Company Breastfeed L.A. **Dunamas Center Ministries** BINI Birth Los Angeles Birth Partners Berlin Chiropractic, LLC Its You Babe, LLC **Geddes Productions** Business of Being Born Dunamas Counseling Center, LLC Caroline Fitzgerald, CHT Luludew Diaper Service Pannolino Diaper Service University of California San Diego Mother2Baby Dr. Cathy Ng Chiropractic Del Mar Birth Center Dr. Lauren Feder MD. D.Hom Baby K'Tan Dr. Christiane Northrup MD The Bump

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Donations are accepted on behalf of Wholistic Midwifery School of Southern California DBA The Association for Wholistic Maternal and Newborn Health, under our fiscal agent Life is Networking Knowledge, a 501 c 3 nonprofit educational and healthcare organization.

THE TEN STEPS OF THE MOTHER-FRIENDLY CHILDBIRTH INITIATIVE

A mother-friendly hospital, clinic, organizatation, birth center, or home birth service offers all birthing mothers:

- Step I. Unrestricted access to the birth companions of her choice, including fathers, partners, children, family members, and friends; Unrestricted access to continuous emotional and physical support from a skilled woman—for example, a doula,* or labor-support professional; Access to professional midwifery care.
- Step 2. Provides accurate descriptive and statistical information to the public about its practices and procedures for birth care, including measures of interventions and outcomes.
- Step 3. Provides culturally competent care—that is, care that is sensitive and responsive to the specific beliefs, values, and customs of the mother's ethnicity and religion.
- Step 4. Provides the birthing woman with the freedom to walk, move about, and assume the positions of her choice during labor and birth (unless restriction is specifically required to correct a complication), and discourages the use of the lithotomy (flat on back with legs elevated) position.
- Step 5. Has clearly defined policies and procedures for collaborating and consulting throughout the perinatal period with other maternity services, including communicating with the original caregiver when transfer from one birth site to another is necessary; linking the mother and baby to appropriate community resources, including prenatal and post-discharge follow-up and breastfeeding support.
- Step 6. Does not routinely employ practices and procedures that are unsupported by scientific evidence. Includes episiotomy, continiuous electronic fetal monitoring, etc.
- Step 7. Educates staff in non-drug methods of pain relief, and does not promote the use of analgesic or anesthetic drugs not specifically required to correct a complication.
- Step 8. Encourages all mothers and families, including those with sick or premature newborns or infants with congenital problems, to touch, hold, breastfeed, and care for their babies to the extent compatible with their conditions.
- Step 9. Discourages non-religious circumcision of the newborn,*
- Step 10. Strives to achieve the WHO-UNICEF "Ten Steps of the Baby-Friendly Hospital Initiative" to promote successful Breastfeeding.

FOR A COMPLETE DESCRIPTION OF EACH STEP, INCLUDING SCIENTIFIC BASIS FOR RECOMMENDATION, SEE: Evidence Basis for the Ten Steps of Mother-Friendly Care in the *Journal of Perinatal Education*, 2007, Issue 16, a Special Supplement

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^{*} This crieteria is currently under review

DESCRIPTION OF SESSIONS

SESSION #1- 8:30 AM -9:15 AM- "OVERVIEW OF THE COALITION FOR IMPROVING MATERNITY SERVICES AND THE MOTHER-FRIENDLY CHILDBIRTH INITIATIVE AND ITS ALIGNMENT WITH HEALTHCARE REFORM" Speaker: Cordelia S. Hanna-Cheruiyot, MPH, CHES, ICCE, CLE, CBA

Description:

In this session, I will discuss the history of the Coalition for Improving Maternity Services (CIMS), a coalition of leading maternity care associations with concerns for mothers and infants and the Mother-Friendly Childbirth Initiative (MFCI), a 10-step, evidence-based recommendation to improve maternity care and reach public health objectives for maternal and infant health. Examples of how to implement the 10 steps in the clinic, community and hospital setting will be described and the ways in which the MFCI is aligned with the Affordable Care Act and other national policies for quality improvement and national priorities for maternal health planning will be described.

Session #2- 9:15-10:30 am—"Three Paradigms of Health and Birth Care: The Technocratic, Humanistic, and Holistic Models" Speaker: Robbie Davis-Floyd, Ph. D.

Description:

What are the three major paradigms that define the current spectrum of global health care? Where do various types of birth practitioners and their clients fit along that spectrum? This talk presents the results of an anthropological study of models of health care and of the paradigm shift made by increasing numbers of health care practitioners. The presentation begins with a description of three major paradigms of healing available today—the technocratic, humanistic, and holistic models of medicine The profound differences in belief, practice, and worldview among practitioners of each of these three paradigms are delineated, so that birth practitioners can understand the consistency of these models and evaluate their own choices in terms of where they wish to stand on this spectrum. The ability to identify which paradigm a given practitioner or client is operating under gives maternity care practitioners a set of tools they can use to communicate with that practitioner or client. Practitioners can use the information in this workshop for self-evaluation and introspection: are they practicing under the paradigm they choose? The Mother-Friendly Childbirth Initiative (MFCI) will also be a focus. It is an entirely humanistic initiative that includes some elements of holism and of course some elements of techno-medicine when it is evidence-based. I will demonstrate how the MFCI spans these three paradigms. At the end of the talk I will provide a forum for discussion among nurses, doctors, childbirth educators, midwives, administrators, and others on the challenges and benefits of implementing the MFCI 10 Steps in the clinical setting.

Session #3—10:45 AM - 12:00 PM - "THE PARADIGM SHIFT OF HOLISTIC OBSTETRICIANS: WHY SOME DOCTORS CHOOSE TO CHANGE" Speaker: Robbie E. Davis-Floyd, Ph.D.

Description:

Why do some obstetricians choose to radically change? This question is most poignant in Brazil, a country with one of the highest cesarean rates in the world. This presentation is based on 32 interviews with Brazil's holistic obstetricians, who call themselves "the good guys and girls." Come and lean what motivates them to change, how they do it over time, how they practice now, and what that means for midwives! Robbie offers concrete information about how midwives and doulas can encourage and facilitate this paradigm shift in obstetricians in any country.

PANELIST BIOGPRAPHIES

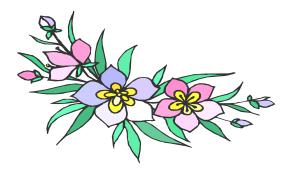
CHEMIN PEREZ, CD, LM, CPM

CERTIFIED DOULA, LICENSED MIDWIFE, CERTIFIED PROFESSIONAL MIDWIFE, SANTA CLARITA BIRTH CENTER



Chemin Perez is a Certified Doula and a California Licensed Midwife and Certified Professional Midwife accredited through the North American Registry of Midwives (NARM). She graduated from National College of Midwifery and received her California midwifery license in 2014 through the California Medical Board. She currently works at the Santa Clarita Birth Center in Santa Clarita, CA where she received her supervised clinical training under Renee Cicignano, LM, CPM. She is a mother to six children and she is also a grandmother to two grandsons, born at home, who she helped deliver. Chemin is proud to be the first Licensed Midwife of Mexican heritage in Los Angeles County. She is fully

bi-lingual in Spanish and English and is very committed to serving the Latino community who want out-of-hospital birth. Prior to becoming a midwife, she was a volunteer Doula with Pasadena Public Health Department's Caring Companions Doula Program where she had the pleasure of being part of a team of maternal-child health professionals who worked harmoniously together to advocate for a very exceptional young pregnant woman whose birth story she will share at the conference.





PANELIST BIOGRAPHIES

L'TANYA SIMIEN-ROBNETT, RN, MSN, NEA-BC

DIRECTOR, PERINATAL SERVICES, GOOD SAMARITAN HOSPITAL



Ms. Simien-Robnett has more than 25 years in the areas of Maternal Child Health (Cedars-Sinai Medical Center – 12 years and St. Francis Medical Center (13 years) covering Maternal Child Services. Ms. Simien-Robnett's MSN is in Nursing Administration and she holds board certification is as a Nursing Executive, Advanced. She maintains certifications consistent with areas she covers (BLC, NRP, ALS, and Advanced Fetal Monitoring) and well as Six Sigma and a secondary Certification in Quality Management. Good Samaritan Hospital is located in downtown Los Angeles and has a very patient friendly birthing services. Allied health

professional (Midwives in L&D, NP/PA's in NICU) support the in-house OB Hospitalist as well as the Anesthesia and Neonatology. In line with the Mother-Friendly objectives, Good Samaritan hospital supports the mothers to have a less invasive labor experience (fetal monitoring, IV's, etc) to support the mother's birth plan so long as the mother is stable and baseline assessments support this path.

DESCRIPTION OF SESSIONS

SESSION #4-10:45 AM- 12:00 PM -"GOOD GIRLS AND GUYS: THE PARADIGM SHIFT OF HOLISTIC OBSTETRICIANS: WHY SOME DOCTORS CHOOSE TO CHANGE" - SPEAKER: ROBBIE DAVISFLOYD, Ph.D.

Description:

Why do some obstetricians choose to radically change? This question is most poignant in Brazil, a country with one of the highest cesarean rates in the world. This presentation is based on 32 interviews with Brazil's holistic obstetricians, who call themselves "the good guys and girls." Come and lean what motivates them to change, how they do it over time, how they practice now, and what that means for midwives! Robbie offers concrete information about how midwives and doulas can encourage and facilitate this paradigm shift in obstetricians in any country.

Session #5— 1:00-2:30 PM—HOME BIRTH EMERGENCIES: THE TROUBLE WITH TRANSPORT, SPEAKER: ROBBIE DAVIS FLOYD., PH.D

Description:

The process of transporting a laboring mother from home to hospital can involve a collision of worldviews and belief systems. This talk presents ethnographic examples of such collisions and the various types of articulations that can result, from fractured to smooth and even seamless. This talk analyzes such encounters through the lens provided by the transport stories American midwives and physicians tell.

Session #6—3:00-4:15 pm Panel Discussion:"Implementation of Holistic Multidisciplinary, Mother- and Baby-Centered Maternity Care- Teams" Panel Moderator: Ruth Mielke, CNM, Ph.D., Adjunct Professor, California State University, Fullerton. Opening remarks by Carl Coan, MPH, President & CEO, Eisner Pediatric Medical Center

Description:

In this session, we will explore the role of all of the players on the maternity care team as they work together to deliver cohesive, quality care to pregnant and birthing women, and implement evidence-based maternity care based on the principals and steps of the Mother-Friendly Childbirth Initiative. In addition, we will explore pertinent issues in maternal and infant health, i.e.; health inequity and how the MFCI can address perinatal health disparities. Additionally, we will discuss future possibilities for Medical and Midwifery collaboration.

We will take audience questions after brief presentations by the panelists. Please hold your questions untievery panelist has presented.



SPEAKERS BIOGRAPHIES

KEYNOTE SPEAKER. DR. ROBBIE DAVIS-FLOYD PH..D.

SENIOR RESEARCH FELLOW, DEPT. OF ANTHROPOLOGY, UNIVERSITY OF TEXAS

AUSTIN



Dr. Davis-Floyd is a medical anthropologist specializing in the anthropology of reproduction. An international speaker and researcher, she is author of over 80 articles and of Birth as an American Rite of Passage (1992, 2004); coauthor of From Doctor to Healer: The Transformative Journey (1998); and coeditor of ten collections, including Childbirth and Authoritative Knowledge: Cross-Cultural Perspectives (1997); Cyborg Babies: From Techno-Sex to Techno-Tots (1998); and Mainstreaming Midwives: The Politics of Change (2006). Her latest book is Birth Models That Work (2009), an edited collection that highlights excellent models of birth care around the world. This is Volume 1 of a 2-

volume series; the second volume, entitled Birth Models on the Global Edge, is underway. Robbie's research on global trends and transformations in childbirth, obstetrics, and midwifery is ongoing. She currently serves as Editor and Board Member for the International MotherBaby Childbirth Organization (IMBCO).

CORDELIA HANNA-CHERUIYOT, MPH, CHES, ICCE, CLE, CBA EXECUTIVE DIRECTOR, THE ASSOCIATION FOR WHOLISTIC MATERNAL AND

Session 1: 8:30-9:00 am—"Overview of the Coalition for Improving Maternity Services Mother-Friendly Childbirth Initiative and It's Alignment with Healthcare Reform"



Cordelia Hanna-Cheruiyot is Executive Director and Founder of The Association for Wholistic Maternal and Newborn Health and is the Coordinator of the Mother-Friendly Childbirth Consortium of Los Angeles County, promoting mother and baby centered maternity care in the clinic, community and hospital setting. Cordelia received a Bachelor of Arts in Theatre and Dance from Indiana University in 1986. She obtained her Masters in Public Health (MPH) in Health Education and Promotion/Global Maternal-Child Health from Loma Linda University in 2008. Cordelia is an apprenticeship-trained midwife, Certified Childbirth Educator (ICEA). Certified Birth Assistant (ALACE). Certified Lactation

Educator (CAPPA), and Certified Health Education Specialist (NCHEC) and has educated and supported hundreds of families since 1991. She served as Co-Chair of the Los Angeles Best Babies Collaborative for SPA 3 (San Gabriel Valley) for 5 years and is the Co-Chair of the Evidence in Action Committee for CIMS. Cordelia was a featured speaker at Cedars Sinai Medical Center's Division of Obstetrics and Gynecology annual Rolinde Z. Loew Symposium in May 2013 about the CIMS-MFCI. In March 2013, Cordelia and colleagues were awarded the "Advocate Award" by CIMS for their work establishing the MFCI Consortium of Los Angeles County, which is considered a best model for national replication. Cordelia worked at Pasadena Public Health Department on the Black Infant Health Program from 2002-2009, and helped to implement Community-Based Doula Program and Breastfeeding Peer Counselor Program. Cordelia has developed and conducted numerous trainings for the Los Angeles public health workforce on perinatal topics. She is active in global initiatives to reduce maternal mortality and is committed to forwarding midwifery through public health and achieving goals for maternal and infant health through the midwifery model of care. Cordelia is a mother of two homeborn, family-bedded and breastfed children who are now bright and capable young adults.

PANELIST BIOGPRAPHIES

MELISSA O'KEEFE, LLL. CLE, CPSS

LECHE LEAGUE LEADER, CERTIFIED LACATION EDUCATOR, CERTIFIED PER INATAL SUPPORT SPECIALIST



Melissa graduated Cum Laude with a B.S. in Education from St. Mary-of-the-Wood in Indiana. She has been a Le Leche League Leader for 17 years and was trained by DONA International as a Doula. Melissa was trained by The Association for Wholistic Maternal and Newborn Health (AWMNH) as a Perinatal Support Specialist in 2013. She currently serves as AWMNH's fundraising chairperson and is on the planning committee for the Mother-Friendly Childbirth Symposium 2014. She is a

mother of four children, including twin girls who she delivered naturally and vaginally in the hospital full term, with the support of Licensed Midwives and an OB-GYN. She exclusively breastfed all of her children, including her twins. She is passionate about promoting collaboration between doctors, midwives, nurses, doulas, breastfeeding specialists and childbirth educators for the benefit of mothers and infants alike.

GERALDINE PERRY-WILLIAMS, ASRN, BSN, PHN, MSN

MCAH DIRECTOR/PERINATAL SERVICES COORDINATOR, PASADENA PUBLIC HEALTH DEPARTMENT



Geraldine Perry-Williams, ASRN, BSN, PHN, MSN, is a registered nurse currently working as the Maternal, Child and Adolescent Health Director and the Perinatal Services Coordinator for the City of Pasadena Public Health Department. She has worked in the field of maternal child health for over 30 years in various capacities working in the hospital postpartum unit, NICU and high risk and in public health for the last 20 years. Geraldine is a Birth Assistant, a La Leche League Trained Breastfeeding

Counselor Trainer, a Lamaze Pregnancy and Childbirth Health Educator, State Certified Outreach Worker Trainer, S.I.D.S. Trainer and CPR Instructor. She has presented on numerous health topics and workshops throughout the community. Geraldine has developed and implemented numerous programs for the community. Geraldine is a Birth Assistant, a La Leche League Trained Breastfeeding Counselor Trainer, a Lamaze Pregnancy and Childbirth Health Educator, State Certified Outreach Worker Trainer, S.I.D.S. Trainer and CPR Instructor. She is active in church activities, is married and has four adult children and three grandchildren, all born healthy to healthy moms.

KERIN ASHER-GALLOWAY, CNM - CERTIFIED NURSE-MIDWIFE



EISNER PEDIATRIC & FAMILY MEDICAL CENTERAND HAVEN AT HOME MIDWIFERY

Ms. Asher-Galloway has been a Nurse-Midwife for 13 years, She is a graduate of Columbia University in May of 2001 with a masters in Nurse Midwifery. Ms. Asher-Galloway has delivered almost 1000 babies. She has worked most recently at Eisner Pediatric and Family Medical Center, and at Kaiser Panorama City, at the same time as having a home birth practice,

Haven at Home Midwifery.Ms. Asher-Galloway specializes in Centering Pregnancy, speaks Spanish, and teaches at USC Medical School.

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PANELIST BIOGRAPHIES

DR. KEVIN JUSTUS, MD, FACOG, MFMS

OBSTETRICAN/GYNECOLOGIST & PERINATALOGIST, MEDICAL DIRECTOR & CEO OF THE CENTERS FOR MATERNAL FETAL MEDICINE



After receiving his Doctor of Medicine in 1999, Dr. Justus completed his internship and residency in Obstetrics and Gynecology at St. Lukes Hospital & Health network in Le High Valley, PA, followed by a fellowship in Maternal Fetal Medicine at Cedars Sinai Medical Center in Los Angeles, CA. Dr. Justus is certified with the American Board of Obstetrics and Gynecology with a subspecialtiy in Maternal Fetal Medicine; National Translucency Quality Review and is a CA Prenatal Diagnosis Provider. Dr. Justus is a

current member of the American College of Obstetrics and Gynecology, American Institute of Ultrasound in Medicine and Society for Maternal Fetal Medicine. He has co-authored numerous publications and presentations and has been involved in many research experiences. In addition, Dr. Justus has a clinical appointment at the Keck School of Medicine, USC, within the department of Obstetrics and Gynecology. Dr. Justus is currently the Medical Director & CEO of the Centers for Maternal Fetal Medicine.

ANA PAULA MARKEL, CD, ICCE

DOULA & CHILDBIRTH EDUCATOR, OWNER, BINI BIRTH



Ana Paula Markel orginates from Brazil and is the mother of four children. Having experienced two cesarean births, a medicated vaginal birth and a natural birth (in that order), Ana Paula discovered a passionate interest in the childbirth process. Her goal is to assist mothers and families to explore the many options available in childbirth (and parenting) and to take responsibility of their choices. Ana Paula has been teaching childbirth preparation for the past 14 years and has supported thousands of families during pregnancy, childbirth and postpartum. Ana is also a doula trainer for

DONA International and has been mentoring new doulas for the past 10 years. Ana Paula is honored to serve as Director of International Development for DONA International In 2013, Ana Paula joined the prestigious faculty of the Simkin Center at Bastyr University to teach Doula Trainings. Ana Paula is the only non clinical/staff to be invited to join Cedars-Sinai Medical Center Customization of Care Task Force. In 2008 Ana founded BINI Birth, a center in Los Angeles dedicated to the childbirth education field, doula training, parenting classes and green pregnancy retail. service in Los Angeles. Ana has been feature in many magazines, newspapers and TV.

CARL COAN, MS. MPH

PRESIDENT & CEO EISNER PEDIATRIC & FAMILY MEDICAL CENTER

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Mr. Coan has been President and CEO of EPFMC since 1990. He has been instrumental in broadening EPFMC's service mix to include programs in "whole family" health and well being, prenatal care and delivery, and mental health. He previously served for eleven years as director of planning for the Los Angeles Regional Family Planning Council and for six years as a private consultant to the healthcare industry. Mr. Coan is president of the Health Care L.A. IPA, a member of the Southside Coalition of Community Health Centers, and a board member for both the Community Clinic Association of Los Angeles County and the California Primary Care Association. He holds an MS in Human Genetics

and an MPH in Public Health from the University of Michigan.

PANELIST BIOGRAPHIES

PANEL MODERATOR DR. RUTH MEILKE, CNM, PH.D.

EISNER PEDIATRIC & FAMILY MEDICAL CENTER/CALIFORNIA STATE UNIVERSITY, FULLER TON AND STAFF NURSE-MIDWIFE/ASSISTANT PROFESSOR WOMEN'S HEALTH CARE



Dr. Mielke has been practicing full-scope midwifery in Los Angeles for 25 years and more recently also educates nurse midwives and women's health nurse practitioners at the university level. She received her BSN at Emory University in Atlanta, GA, a master's of science degree and certificate in nurse-midwifery from the University of Minnesota, and Ph.D from Azusa Pacific University. Clinical accomplishments include founding the first nurse-midwifery practice in a private hospital in 1991 at California

Hospital Medical Center and later co-owning a collaborative OB/GYN midwifery practice at Daniel Freeman/Centinela hospitals. She is licensed as a Women's Health nurse practitioner and nurse-midwife; and possesses national certification as a nurse midwife.Dr. Mielke's scholarly work includes contributions to the Journal of Midwifery and Women's Health, a book chapter in women's health text, and numerous presentations locally and nationally. Research interests include pregnancy weight gain, gestational diabetes, health issues of Hispanic women, and Centering Pregnancy. Dr. Mielke is a past president of the California Nurse Midwives Association and is currently the Southern California regional representative for the organization. She has mostly been involved with midwifery in hospitals and is passionate about preserving and promoting the normalcy in birth in the hospital setting.

DR. LAILA AL-MARAYATI, MD, OB/GYN

MEDICAL DIRECTOR, WOMEN'S HEALTH SER VICES, EISNER PEDIATRIC & FAMILY MEDICAL CENTER



Dr. Al-Marayati is a Palestinian-American doctor and Islamic activist, and former presidential appointee to the US Commission on International Religious Freedom, where she served for two years after being appointed by President Bill Clinton. Al-Marayati was born in 1962 and was raised in Los Angeles. Her father, the late Dr. Sabri El Farra, was originally from the Gaza Strip and her mother is from Missouri. She earned her medical degree from UC-Irvine, and received specialty training in Obstetrics and Gynecology at Los Angeles County USC Women's Hospital. After, she

opened her own practice focusing on gynecology, which she ran for 11 years. She is currently an Assistant Professor of Clinical Obstetrics and Gynecology at the University of Southern California, Keck School of Medicine. She also serves as the Director of Women's Health at the Eisner Pediatric and Family Medical Center in downtown Los Angeles. In the 1990s, Al-Marayati served as a member of the US State Department's Advisory Committee on Religious Freedom Abroad, and was a member of the official US Delegation to the United Nations Fourth World Conference on Women in Beijing, China, alongside former-First Lady Hillary Rodham-Clinton, in 1995. In addition, she has been the spokesperson for the Muslim Women's League, based in Los Angeles since 1994. The MWL's main work has been to educate Muslims and non-Muslims alike about the rights of women in Islam. She is the author of numerous articles and position papers on a range of issues that include topics such as sexuality in Islam and violence against women. Al-Marayati led a fact-finding delegation to Croatia during the Balkan War to help spread awareness about rape survivors from Bosnia. She continues to be an outspoken critic against female genital cutting (also known as female circumcision or female genital mutilation) and other practices that are harmful to women.