

## **JOB ANNOUNCEMENT**

### **Position: Doula or Perinatal Support Specialist (10 positions)**

**Compensation:** \$1850 per birth (1-2 births per month + 3 prenatal visits and 3 postpartum visits per client) for 12 months.

Mileage and meal reimbursement offered, plus paid training and payment for attendance at monthly supervision meetings, and professional liability insurance provided.

**Status:** This is a regular, part-time position. Hours per week vary based on client needs. Availability to be on-call 24 hours a day, 7 days a week is required. Availability to attend 1-2 births per month for 12 months is required.

**Term:** 12 months. Beginning January 2019-December 2019. This is a grant-funded, term-limited position. Continuation of program depends upon available funding.

**Benefits:** No health, vision, dental or other benefits are offered.

### **WHO WE ARE**

The Association for Wholistic Maternal and Newborn Health (AWMNH) a community-based 501 (c) (3) non-profit public charity 509 (a) (2) located in Los Angeles, California. We are perinatal professionals joined together with a common vision to promote maternal and infant health, improve maternity care quality, and reduce perinatal health disparities in Los Angeles County, California.

We provide childbirth education for expectant parents and doula support and postpartum care for parents-to-be and new parents. As catalysts and champions of motherbaby-centered, wholistic, respectful care, we aim to improve birth outcomes for disadvantaged mothers and infants.

### **OUR MISSION**

To increase access, awareness and availability of MotherBaby-Friendly Maternity Care. We are also committed to social justice in birth.

### **OUR WORK**

The Association of Wholistic Maternal and Newborn Health focuses on the intersection of public health and midwifery to address healthcare disparities and to engender a more equitable maternity care system for all women and infants. Our focus areas are:

- Education for Birth Preparation and Cultural Change.
- Advocacy for Maternal-Infant Health Care Policy Reform.
- Expanding Access to MotherBaby-Friendly Maternity Care.
- Working for Social Justice in Maternal and Infant Health.

*Happy Mamas. Healthy Babies*

**THE ASSOCIATION FOR WHOLISTIC MATERNAL AND NEWBORN HEALTH**

P.O. Box 50630, Los Angeles, CA 90050

Web: <http://motherbabysupport.net>

Phone: (626) 388-2191 | Email: [Inquiry@motherbabysupport.net](mailto:Inquiry@motherbabysupport.net)

## DESCRIPTION OF DUTIES

The Doula/ Perinatal Support Specialist will provide prenatal education, advocacy, labor and birth support, postpartum care and lactation counseling support for pregnant and postpartum mothers and persons enrolled in the Health Net Medi-Cal program in Los Angeles County, California.

## REQUIRED QUALIFICATIONS

1. Completion of a Birth Doula or Perinatal Support Specialist training through DONA, ALACE, ToBirth, ICEA, CAPPA, AWMNH, Full Circle, or other qualified organization or instructor.
2. Documented attendance at minimum two births providing labor support.
3. Available to be on call 24 hours a day, 7 days a week to attend births at hospitals throughout Los Angeles County. Must be available at births for up to 36 hours and attend monthly supervision meetings. Ability to make a commitment for one year.
4. CPR – adult and infant. Current certification or willingness to become certified within 2 months of hire.
5. Ability to speak, understand, read and write fluently in English.

## PREFERRED QUALIFICATIONS

1. Certification as a Doula or Perinatal Support Specialist with AWMNH, DONA, ALACE, Full Circle, ToLabor, or other organization or qualified instructor.
2. One-year experience working with African-American/Black maternal-child populations in a public health, hospital, clinic, or community setting.
3. Postpartum Doula (CPD) or Certified Lactation Educator (CLE) or Certified Lactation Educator-Counselor (CLEC) or Internationally Board-Certified Lactation Consultant (IBCLC) or Breastfeeding Peer Counselor (BPC) or Certified Childbirth Educator (CCE), or Certified Perinatal Health Worker (CPHW), or Family Health Advocate (FHA), Community Health Outreach Worker(CHOW), or newborn care specialist, or 1 year experience in an OB/GYN setting as a Certified Medical Assistant or Certified Nursing Assistant (CMA/CNA).

## DESIREABLE QUALIFICATIONS

1. Persons of African-American/Black ethnicity are encouraged to apply as this is the population served.
2. Knowledge of advantages and disadvantages of medical procedures used in maternity care.
3. Study or degree in women's and gender studies, psychology, sociology, anthropology, ethnic studies, child and adolescent development or family studies, nursing or midwifery.
4. Demonstrates cultural sensitivity when working with diverse populations.
5. Strong communication skills, including reflective listening, motivational interviewing, The Three Step Strategy and cross-cultural communication.
6. Awareness of quality of life issues and social determinants of health of low-income African-American mothers and infants.
7. Awareness of issues of health equity, perinatal health inequities and disparities and reproductive justice in maternity care.
8. Ability to communicate with and demonstrate respect for persons of diverse ethnic and racial backgrounds, socioeconomic status, age, occupation, sexual orientation and gender identity.
9. Demonstrates cooperation and ability to work as member of a team striving to achieve specific goals and outcomes.
10. Ability to work with little direction or supervision and exercise good judgement and ethics.
11. Knowledge of community resources for pregnant and parenting women in Los Angeles County.
12. Ability to remain calm in a crisis and exercise good judgement and to communicate professionally, effectively and respectfully with clients, their families, doctors, midwives, nurses and other medical personnel, colleagues and supervisors.
13. Ability submit complete and accurate reports by deadlines.

14. Bi-lingual in Spanish, French or African/Caribbean dialects and languages a plus.

## ESSENTIAL DUTIES

1. Provides non-medical, educational, emotional and physical support of pregnant and postpartum women and persons. Knowledge of perinatal nutrition, fetal development, prenatal care, medical procedures used in labor, anatomy and physiology of parturition and lactation, breastfeeding support, options for pain management, labor coping and support skills and physical and emotional care of postpartum mothers, and care of newborns.
2. Promotes non-biased, informed decision-making in pregnancy and childbirth to clients.
3. Ability to provide non-medical support for premature and full- term newborns, twins and multiples. Knowledge of newborn appearance, behavior, sleep states, and medical procedures.
4. Promotes maternal/paternal-infant attachment and paternal/partner involvement.
5. Provides breastfeeding education and support to mothers; ability to help with common problems of lactation.
6. Ability to conduct perinatal education one-on-one and in small groups.
7. Available to be on call 24 hours a day, 7 days a week to attend births at hospitals throughout Los Angeles County. Must be available to be at births for up to 36 hours.
8. Ability to lift, twist, hold up another person, bend, squat, kneel, and stand on feet for extended periods.
9. Ability to cope with lack of sleep and nourishment for extended periods of time (12 hours or more).
10. Must be available to do home visits and work in hospitals in all areas of Los Angeles County; therefore, reliable transportation and childcare (if applicable) is essential.

## HOW TO APPLY

1. Please email a cover letter summarizing your experience working with maternal-child populations, training and/or education and/or certification in perinatal health. State your reasons for wanting to work in this program for low- to moderate income African-American/Black mothers/persons.
2. Attach a resume with your experience, training, educational preparation and certification(s) in perinatal health.
3. Complete AWMNH's Doula Application form (Attached).
4. Attach proof of Doula or Perinatal Support Specialist certification or certificate of completion of a training program.
5. Attach proof of attendance at two births where you provided labor support (client evaluation form or letter of reference from 2 clients or 1-2 doctors, nurses, or midwives who observed your work with client).

Send via email by October 31, 2018:

Cordelia Hanna, MPH, Program Director

Email: [Cordelia.Hanna@motherbabysupport.net](mailto:Cordelia.Hanna@motherbabysupport.net)

If you have questions, please call: (626) 388-2191, ext. 2.

Interviews will be held in Los Angeles in November, 2018.