



Happy Mama Healthy Baby Alliance

motherbabysupport.net



Sundays, APRIL 6, 13, 27 & MAY 4
2:00-5:00 pm (PST)

Free For Medi-Cal

EMPOWERED BIRTH CHOICES

A Four-Week ONLINE Childbirth Preparation
Class for Pregnant Women & Expectant Fathers

TAUGHT BY:
J. TRANAE, CCE, CD, CLE, CPD



Class One: Labor & Delivery



Class Three: Pain Meds & C-Section



Class Two: Labor Coping



Class Four: Newborn Care
Breastfeeding & Postpartum



Call Number:
(626) 388-2191
ext. 2

REGISTER!



SCAN ME